

SANTA FE INDIAN SCHOOL INVITATIONAL TRACK MEET  
(APRIL 30, 2016)

SCRATCH MEETING: 8:00 – 8:30 am in the STORAGE SHACK BY THE FOOTBALL FIELD

EQUIPMENT WEIGH IN: 8:00 – 8:30 am In the gym

SCORING: INDIVIDUAL 7-5-4-3-2-1 RELAYS 10-8-6-4-2-1

RUNNING EVENTS: No Prelims - All events finals - **GIRLS THEN BOYS**

ALL RUNNING EVENTS WILL BE GIRLS FIRST THEN BOYS AND SLOW TO FAST HEATS

10:15 am        3200 m RUN GIRLS THEN BOYS  
                    4 X 100 RELAY  
                    100 HURDLES  
                    110m HURDLES  
                    100 m DASH  
                    1600 RUN  
                    4 X 200 RELAY  
                    400 m DASH  
                    300 m HURDLES  
                    800 m RUN  
                    1600 MEDLEY  
                    200 m DASH  
                    4 X 400 RELAY

AWARDS: Trophies to 1st, 2nd and 3rd Place teams  
            Ribbons to places 1 - 6

ALL TEAMS: 1/4" SPIKES ARE REQUIRED, Longer spikes will damage the track  
            4 entries per event 1 relay teams per relay.

FIELD EVENT SCHEDULE

FIELD EVENTS: EACH CONTESTANT WILL BE ALLOWED 3 THROWS OR JUMPS (LJ & TJ). TOP 7  
WILL MOVE TO FINALS WHERE THEY WILL RECEIVE THREE MORE ATTEMPTS.

NO SCRATCH LINES – ALL LEGAL THROWS AND JUMPS WILL BE MEASURED.

8:30 – GIRLS POLE VAULT/ BOYS AS SOON AS GIRLS ARE DONE

9:00 - GIRLS DISCUS – BOYS AS SOON AS GIRLS ARE DONE

BOYS HIGH JUMP (STARTING 5' 0") / GIRLS (4' 0") WILL FOLLOW

GIRLS POLE VAULT (6') / BOYS (7') WILL FOLLOW

BOYS SHOT PUT/ GIRLS SHOT

GIRLS LONG JUMP/ BOYS LONG JUMP

BOYS TRIPLE JUMP/ GIRLS TRIPLE JUMP

GIRLS JAVELIN (DIRT BASEBALL FIELD) BOYS AS SOON AS GIRLS ARE DONE